

'24 OFF TO COLLEGE

Accommodations Part 1:

What to Expect

April 24 • 7–8 pm EST



Children with Diabetes®



THE DIABETES LINK
Where Young Adults Thrive

Taking Diabetes to Campus



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Meet Matt

- **Professional:** Director of Advancement and Programs at CWD. Previously, Director of Compliance & Title IX Coordinator. Director of Residence Life & Housing. 12 Years of experience in higher education with a focus on safety, security, and housing.
Personal: Married to Brian who was diagnosed with T1D at 15 – Brian's the Teen group leader at Friends for Life!



Meet Leigh

- **Professional:** Chief Operating Officer at CWD. Former Executive Director, Disability Management System, Duke University and Health System, attorney, higher education administrator for 25 years.
- **Personal:** Mom to Ava and Davis, 14-year-old tweens. Ava diagnosed Type 1 at age 3, Davis diagnosed with Autism at age 8



About Children with Diabetes

- Started as a website in 1995
- Friends for Life Orlando is the world's largest patient conference in T1D
- In 2023, 57% of attendees with diabetes were adults 18+
- More than 200 Young Adults attend FFL each year!



Learn more about this year's event by visiting FFL.is/Orlando
July 9-14, 2024 -- Disney's Coronado Springs Resort

Brief Overview of Relevant Laws and Regulations

- Americans with Disabilities Act
- Section 504 of the Rehabilitation Act
- State and Local Regulations regarding Service Animals
- FERPA (Family Educational Rights and Privacy Act)
- Clery Act (Annual Safety Report Inclusions)

Addressing the Elephant in the Room

- Diabetes is a disability under the ADA
 - “physical or mental impairment that substantially limits a major life activity”
 - Major life activity = functions of the endocrine system
 - Consider other conditions as well (Celiac, ADHD, Depression/Anxiety, etc.)
- Accommodations
 - Housing
 - Classroom
 - Extra curricular activities
 - Jobs or internships
 - Clinical environments

Difference between High School and College Accommodations

- There are no IEP's or Section 504 plans in college
- School will not identify you as an individual with a disability; must self identify
- Accommodations are not retroactive
- Accommodations will only be granted if they are necessary, reasonable, and appropriate

Magic Wish List

- Rest breaks without penalty during exams and tests (Stop the clock)
- Testing in a minimally distracting environment (beeping)
- Permission to keep electronic devices with you at all times
- Permission to use the restroom, as needed (preferential seating)
- Permission to treat a high or low blood sugar (and remove mask while doing so) in any location (permission to keep snacks with you at all times)
- Priority Registration
- Housing accommodations*

Federal Laws – Matt's Need to Know!

- FERPA (Family Educational Rights and Privacy Act)
 - “That’s so nice you’re providing this opportunity for your student”
- The Clery Act (Annual Safety Report & Annual Fire Safety Report)
 - Inclusion of Emergency Procedures
 - Listing of hospitals, clinics, and emergency phone contacts & numbers

But, what if Johnny won't answer my calls?

I'm watching him on Dexcom Follow or Nightscout and he's going low.....I've called him 15 times and he's not answering me. What should I do? Call the campus police? Call the RA? Rent a helicopter and fly to campus and land on his residence hall and break into his room to check on him?

Personal Responsibility and Living at School

- What an RA (Resident Assistant) and college staff WILL and WON'T do
- Have a plan!
 - Where is the nearest hospital, pharmacy, grocery store?
 - How do you pay for snacks & supplies?
- Mail on Campus – Overnight shipping might not be overnight anymore.
- Dining services isn't available 24/7 – Low supplies!
- Insurance Knowledge
 - Who is the primary on the policy? Keep in safe but accessible place!
- Share & talk about diabetes with your friends & roommate

Campus Tours

Get out there and explore!

Things to look for when touring campus:

- campus dining options
- campus health center
- campus transportation options
- nearest pharmacy and urgent care locations
- fitness facilities
- mail services (centralized mail or delivery to room)

Service Animals

- Voluntary Registration with Student Disability Office
- Local Veterinarian
- Cost of food and upkeep
- What about fun weekends away?
- Local regulations may vary from federal regulations

Clinical Rotations, Internships and Interview

- Often “look” like employment related accommodations and have a different standard of review than student accommodations
- Seek accommodations early
- Do not assume that the college accommodations will automatically roll over to the internship or clinical placement site
- When do I disclose?

Questions?